

Diabetes Resources

Use these resources for more information about diabetes, including treatment, blood sugar monitoring, and the importance of healthy living.

National Organizations

American Diabetes Association (ADA)*

www.diabetes.org | 1-800-DIABETES (1-800-342-2383)

National Institute of Diabetes and Digestive and Kidney Diseases

www.niddk.nih.gov

National Diabetes Education Program of the National Institutes of Health

www.ndep.nih.gov | 301-496-3583

Centers for Disease Control and Prevention (CDC)

www.cdc.gov/diabetes | 1-877-232-3422

American Heart Association*

www.americanheart.org | 1-800-AHA-USA1 (1-800-242-8721)

Other Internet Resources

www.1on1health.com[†]

www.webmd.com

Books about Diabetes

Diabetes: A Guide to Living Well, 4th edition, by Gary Arsham, MD, PhD, and Ernest Lowe

Uncomplicated Guide to Diabetes Complications, 2nd edition, by Marvin Levin, MD, and Michael Pfeifer, MD

Books by the ADA

American Diabetes Association Complete Guide to Diabetes, 4th edition

101 Tips for Coping with Diabetes

101 Nutrition Tips for People with Diabetes, 2nd edition

101 Tips for Improving Blood Sugar, 2nd edition

101 Tips on Foot Care for People With Diabetes, 2nd edition

*These organizations offer information on support groups and/or local resources.

[†] 1on1health is a Web site sponsored by GlaxoSmithKline.

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